Its April 2021: No Fooling, Spring is HERE!

Mother Nature will fool us at the start but by the end, SPRING is in step!

Those outstanding flowers of Spring are a joy to behold! When you go out and about, come here to our Lodge and enjoy; sit at a picnic table, bring something to eat and drink then savor the moment by looking at Lake Pleasant while enjoying the nature park atmosphere and its peacefulness. Our flowers are POPPING! The birds are singing.

Soon, all qualify for the Vaccine. Get it! 100% avoiding hospitalization or worse is a WONDERFUL thing! Try calling 800-525-0127 or 888-856-5816. Help others get the shot. Need help getting an appointment or to the location: LET US KNOW by calling me at 425 643-0924; we will try to help. Snohomish County has great sites and processes to assist. Safeway, QFC/Fred Meyer, and others are “sticking it” at a location near YOU! I felt nothing and no reaction; now I am fully vaccinated. I fully Mask, for you and for me.

On April 10, come for the take-away pancakes and on April 18 come for a wonderful take-away dinner, then linger, parked in our picturesque arboretum as you eat your food, made by our terrific Norwegian chefs!!!

Kudos for March’s Accomplishments and a New Record: Thanks to our customers and volunteers that made a new record for our Pancake Take-away breakfasts: **435 Meals were served**! WOW! We could not have forecasted that a year ago. In the annual competition between Edmonds and Bothell, Bothell was awarded the Sports Medal Trophy for both 2019 and 2020, WAY TO GO! In the battle for the cultural trophy, our wonderful competitor won for 2019 and 2020; Congratulations to the Edmonds lodge, it was a very, very close contest. Please keep on those athletic and skill efforts going so Bothell can win these trophies for 2021.

April has lots of Norwegian activities: here at Bothell plus starting on Sunday April 4 at 9PM (Repeats on April 5 at 3PM) and for the next 7 weeks on Channel 9 is the portrayal of the close relationship formed when FDR hosted the Norwegian Royal family during World War II; this is Masterpiece Theater’s “Atlantic Crossing” series. Visit other Lodges. Visit Mercer Island on April 27th from 7 to 8 pm for “Vikings in Byzantium: Scandinavia and the East in the Early Middle Ages”.

In next month’s Nyheter, we will provide details for this year’s local May 17th activities.

For your financial security education and planning, please call Mike Dyal at 206 446-2222. As our capable local financial expert, Mike is available to assist with your financial planning; this is a member benefit.

For updates on all upcoming events, call 425-485-9085; as the answering machine’s message plays, press 268*1; the machine will tell you what is happening this month and maybe the next month. Future events are tentative.

Our Lodge does not yet have plans for in-person meetings. Bothell SoN cooperates fully with health guidelines to protect everyone’s health. We hope you, your loved ones, and our volunteers remain safe and healthy. Be Safe. Be Healthy. Be Socially Distant and Mask-up; it works! **GET VACCINATED!** We care for YOU!

Best wishes, ALWAYS! President Bob
**2021 Lodge Officers, Trustees and Support Officers**

<table>
<thead>
<tr>
<th>Executive Board:</th>
<th>Trustees:</th>
</tr>
</thead>
<tbody>
<tr>
<td>President</td>
<td>2021-2023</td>
</tr>
<tr>
<td>Bob Steed</td>
<td>Greg Seymour</td>
</tr>
<tr>
<td>Co-Vice President</td>
<td>2021-2023</td>
</tr>
<tr>
<td>Bill Hicks</td>
<td>Ivar Thompson</td>
</tr>
<tr>
<td>Co-Vice President</td>
<td>2021-2023</td>
</tr>
<tr>
<td>Kay Schertzl</td>
<td>Don Melrose</td>
</tr>
<tr>
<td>Counselor</td>
<td>2019-2021</td>
</tr>
<tr>
<td>James Wraalstad</td>
<td>David Hickok</td>
</tr>
<tr>
<td>Secretary</td>
<td>2019-2021</td>
</tr>
<tr>
<td>Laurie Beach</td>
<td>Heidi Wiggins</td>
</tr>
<tr>
<td>Financial Secretary</td>
<td>2020-2022</td>
</tr>
<tr>
<td>Joan Wraalstad</td>
<td>Chris Hicks</td>
</tr>
<tr>
<td>Treasurer</td>
<td>2020-2022</td>
</tr>
<tr>
<td>Bob Schertzl</td>
<td>Mike Nelson</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Officers/Directors:</th>
<th>Support Officers:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Social Director</td>
<td>Librarian:</td>
</tr>
<tr>
<td>Laurie Berg</td>
<td>Marlis Pehling</td>
</tr>
<tr>
<td>Asst. Social Directors</td>
<td>Editor:</td>
</tr>
<tr>
<td>Kay Schertzl</td>
<td>Janet Hickok</td>
</tr>
<tr>
<td>Darcy McTernan</td>
<td>Webmaster:</td>
</tr>
<tr>
<td>Seth Tufteland</td>
<td>Martin Ng</td>
</tr>
<tr>
<td>Membership:</td>
<td>Website:</td>
</tr>
<tr>
<td>Bill Hicks</td>
<td><a href="http://www.bothellsonsofnorway.org">www.bothellsonsofnorway.org</a></td>
</tr>
<tr>
<td>Sports Director</td>
<td>Sunshine:</td>
</tr>
<tr>
<td>Shaun Bornemeier</td>
<td>Janet Hickok</td>
</tr>
<tr>
<td>Co-Youth Directors</td>
<td>Musician:</td>
</tr>
<tr>
<td>Martha Berg</td>
<td>Ralph Federspiel</td>
</tr>
<tr>
<td>Diana Hicks</td>
<td>Auditors:</td>
</tr>
<tr>
<td>Patti Blegen</td>
<td>John McTernan</td>
</tr>
<tr>
<td>Marshall</td>
<td>Myrna Ramstad</td>
</tr>
<tr>
<td>Marlis Pehling</td>
<td>Preston Fruchtl</td>
</tr>
<tr>
<td>Asst. Marshall</td>
<td></td>
</tr>
<tr>
<td>Trina Patrick</td>
<td></td>
</tr>
<tr>
<td>Greeters</td>
<td>Foundation Dir.:</td>
</tr>
<tr>
<td>Marlys Melrose</td>
<td>Vicki Nelson</td>
</tr>
<tr>
<td>Linda Christians</td>
<td>Historian:</td>
</tr>
<tr>
<td>Freda Howard</td>
<td>Marlys Melrose</td>
</tr>
<tr>
<td>Molly Thompson</td>
<td>Coord Volunteer Hours</td>
</tr>
<tr>
<td>Asst. Greeter</td>
<td>Laurie Beach</td>
</tr>
<tr>
<td>Financial Counselor</td>
<td>Trollhaugen Lodge</td>
</tr>
<tr>
<td>Mike Dyal</td>
<td><a href="http://www.trollhaugensofn.com">www.trollhaugensofn.com</a></td>
</tr>
</tbody>
</table>

**This information is for official Sons of Norway business use only. Use of this information for solicitation or commercial purpose is a violation of the Sons of Norway privacy policy and is strictly prohibited.**

To view this newsletter in color, or for extended content, please visit our website at www.bothellsonsofnorway.org

The Nyheter is a publication of Sons of Norway Bothell Lodge 2-106. The Nyheter is published 10 times per year. January through May, a summer edition, and September through December.

Articles for publication for the month must be submitted no later that the 21st of each month.

Articles are published as submitted; please review your articles prior to sending.

Please submit your article via email only. (No phone or verbal submissions) to:

editor@bothellsonsofnorway.org THANK YOU.

**Bothell Sons of Norway Membership Information**

<table>
<thead>
<tr>
<th>Membership Type</th>
<th>Annual Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Individual Membership</td>
<td>$60.00/year</td>
</tr>
<tr>
<td>Family Membership</td>
<td>$95.00/year</td>
</tr>
<tr>
<td>Heritage Membership</td>
<td>FREE</td>
</tr>
</tbody>
</table>

Membership forms are available by the Bothell Lodge front door. Completed applications should be given to the Lodge Vice-President or Financial Secretary for review by the Board and acceptance vote by Lodge Members.
SOCIAL

Spring is Here!
Sun, Flowers, Easter, and much more.

I am happy to report that we had a fantastic turnout for the Pancake Breakfast on March 13. Over 400 breakfasts served. Thank you to all who drove in and ordered and a huge thank you for all who helped. That was a lot of work, but it was fun. If you would like to help at a future breakfast, contact Chris Hicks.

Mark your calendars for Saturday April 10, 2021, 8-1 Swedish Pancake Breakfast.

**Sunday, April 18**, we will have a drive-thru Torsk (baked cod) dinner. Reservations are required and only 120 reservations will be accepted. **Reservation must be in by April 11.** e-mail: Dinner@bothellsonsofnorway.org or call the Lodge 425-485-9085 and leave a message. We need to know, how many dinners and about what time you will pick it up, between 3 and 4:45 pm.

**Torsk Dinner**
Menu
- Cod (baked)
- Boiled Potatoes
- Mixed Vegetables
- Melted Butter and White Sauce
- Cole Slaw
- Roll and Butter
- Vanilla Pudding

Seth Tufteland and Laurie Berg will be your chefs for this dinner.

**What are your Easter Traditions?**
Some of the traditions in Norway are:
- Getting away to their cabins and reading crime novels.
- Eating Lamb.
- Filling large easter eggs with candy
- Spring Skiing is always included.

god påske
Happy Spring.
Laurie Berg
Social Director
BOTHEL SONS OF NORWAY SPORTS

Congratulations to the 2020 sports medal participants! There were 212 medals earned last year: 70 Bronze, 62 Silver, 43 Gold, 35 Enamel and 2 Idrettshelt. A special shout out to Bill Fosmoe who earned both Idrettshelt medals. Our lodge won the friendly sport competition with the Edmonds Lodge for the second year in a row.

2020 sports medal participants:
Bill Fosmoe, Chris Hicks, Heidi Wiggins, Myrna Ramstad, Phil Bartlow, Lisa Barlow, Lori Anderson, Solveig Linstrom, Laurie Berg, Delno Benson, Greg Seymour, Greg Bensin, Mercedes Bensin, Keanu Berg, Daniel Berg, Molly Malin, Mike Nelson, Martha Berg, Marlis Pehling, Trina Patrick, Ralph Federspiel, Trudy Bartosek, Donna Gilbery, Seth Tufteland, April Tufteland, Mattias Tufteland, Shaun Bornemeier, Heather Bornemeier, Hannah Bornemeier, Brayden Bornemeier.

If you’ve been craving to extend your fitness goals for 2021, the following two medals have been added for anyone who aims to set the bar a little higher.

Idrettshelt Medal
The Idrettshelt [ee-dretts-hellt] – the sports hero pin– is the 5th level within any sports medal category. You must have completed the bronze, silver, gold, and enamel pins in a sport category prior to starting on the Idrettshelt.

Hederspris Medal
If you are trying to earn the ultimate sports medal for 2021 shoot for the moon and try earning the Hederspris [hay-dersh-prees], the outstanding achievement award. You can earn this pin by earning the bronze, silver, gold, and enamel medals in any three sports medal categories.

Medal certificates will be sent out by May. If you communicated to me that you wanted your medal pin(s), they will be sent to you as well. Please don’t hesitate to contact me with any sport questions. Keep on exercising and earning sports medals for this year! Hopefully, we will be able to meet in person at the lodge soon.

Stay active and safe ---Shaun Bornemeier Sport Director -bornemeiers@yahoo.com

District 2 Sports Information

Dates to put on your calendar More information to follow.

Like all events, these are subject to change because of the pandemic.

July 17 Horseshoe and Kubb Tournament at Trollhaugen. (steak fry)

Aug 14 Golf Tournament at Sun County Golf Course Cle Elum WA

Stay healthy and get out and exercise.

District 2 Sports Director
Laurie Berg
Laurieberg.lb@gmail.com
Viking Saga

Heilsa fra Hrafngarðr.
We are your friendly (most of the time) Viking Age Living History group here at Bothell Lodge. Even though we have not been meeting due to the pandemic, members have still been researching activities on their own. We are still here and alive.

If anyone is interested in learning more about what we do and how we operate, please reach out to us. We would love to have more eager people learn about the everyday life of the Norse people in the Viking Age. We are always looking for more to join our ranks.

We are available throughout the year for live demonstrations and presentations for all types of groups and ages. Contact us for more info.

Here are some of the areas we provide living history and reenactment.

- **Warrior**: a person who learns about and demonstrates proper and safe live steel combat
- **Cook**: a person who learns about and demonstrates the proper cooking techniques as well as typical food of the time
- **Seer**: a person who learns about and demonstrates reading and writing runes
- **Fiber Arts**: a person who learns about and demonstrates the proper way to use wool, linen, etc
- **Craftsmen**: a person who learns about and demonstrates wood working, metal working, leatherworking, or other handcrafts
- **Skald**: a person who learns about and demonstrates reading and writing poetry and/or singing and playing period instruments, reciting myths and writing verse

You do not need to strictly focus on one aspect. Many of us are knowledgeable in multiple areas and practice multiple aspects. There are other areas of focus that can be explored. If you are interested, please let me know and I would be more than happy to help you.

Jarl Olaf
(Seth Tufteland)
hrafngardr.bothell@gmail.com

---

**TRUSTEE CORNER**

I would like to thank, Chris Hicks for doing the Trustee duties for the month of March 2021.

The Trustee of the month is to check the Lodge inside and out, at least once a week during the month. He or she can check the Lodge at their convenience for possible problem’s, water leaks, doors or windows left open, trees or branch’s down, if the heat has been turned down and all lights have been turned off.

The Trustee of the month for April 2021 will be Dave Hickok.

Thank you
Mike Nelson, Lead Trustee

---

**Answer to Math Square Puzzle on page 10.**

\[
\begin{array}{ccc}
9 & \times & 5 & + & 1 & 46 \\
+ & + & + & + & & \\
4 & + & 3 & \times & 8 & 28 \\
+ & + & + & \div & & \\
6 & + & 7 & + & 2 & 15 \\
19 & 15 & 5 & & & \\
\end{array}
\]
A note from the Historian about collecting photos.

Just a reminder to send in any photos of events at the Lodge that you may have taken in the last couple of years. Continue to take photos of any Lodge related event that you may have participated in, in the past years or current and of course, future events.

During the pandemic restriction of events, photos could be of your drive up to pick up a Lodge breakfast or dinner, or your help in these events. Perhaps a photo of a cultural badge that you are working on-knitting, Norwegian language, cooking, etc. Maybe you helped with a maintenance project at the Lodge-we aren’t there, but the physical building needs periodic attention. Did you help in the kitchen? Take a picture of the group. Pass out meals? Take a picture of yourselves! Any photos of groups labeling the Nyheter or taking money for meals. Or maybe a group photo of a Zoom meeting?

Events are still happening at the Lodge and through the Lodge despite the virus changing our world. These are all memorable events that are helped to be memorable through your photos.

Photos can be emailed as attachment to my email address below. PDF preferred. If you have a snapshot, mail it to me through the Lodge. Please note the event, date and names of folks in the photo.

Thank you for your help.

Marlys Melrose, Historian
mdplace@comcast.net

Colorful Norwegian Phrases

Vivid idioms make language-learning fun and memorable. Try working these into everyday conversation.

Food-related

_Ta for god fisk_
Take for a good fish
_Meaning:_ Accepting someone’s words at face value

_Å være født bak en brunost_
Born behind a brown cheese
_Meaning:_ To be a fool

_Å være på bærtur_
Be out picking berries
_Meaning:_ To have no clue about something / To be way off base

Animal expressions

_Bjørnetjeneste_
bear service
_Meaning:_ well-intended but awkward help; doing someone a favor with negative consequences; disservice

_Å kjøpe katta i sekken_
Buy a cat in a bag
_Meaning:_ being taken for a ride; you meant to buy one thing but it turned out to be something else

_Du store alpakka!_
You big alpaca!
_Meaning:_ an expression of considerable surprise

Body parts

_Å stå med skjegget i postkassen_
Standing with your beard in the mailbox
_Meaning:_ to be in a compromising situation after doing something foolish or cheating

_Å snakke rett fra leveren_
Speaking directly from your liver
_Meaning:_ speaking plainly without sugar-coating anything

_Å ta beina på nakken_
To put your legs on your neck
_Meaning:_ To run away quickly
From the Board

For the month of March

- Updated the phone message
- Raked the parking lot and area clear of pine cone and debris.
- Because of the snow, we found out where the gutter down spouts go underground.
- Put out the recycle for pick up.
- Did some touch up painting.
- Painted the gas pipes around the Lodge.
- Hung Greg Seymour’s Dinner Bell.
- Raked out some potholes.
- Sprayed some moss killer on the Lodge roof, need to do some more.
- Set all the clock’s in the Lodge to Daylight Savings time.

For All You Ringers

The Horse Shoe Pits have been dug up and are ready to go. The Pits have been totally rebuilt and look good. If you want to get some practice in before the District 2 Tournament at Trollhaugen in July before the Steak Fry. We usually would get together here at the Lodge on Monday evenings about 6:00pm. I am almost always around and don’t mind throwing some shoes for exercise.     Mike

Sons of Norway
Swedish Pancake Drive-thru Breakfast

Fundraiser for Sons of Norway - Bothell Lodge

23905 Bothell Everett Hwy,
Bothell, WA 98021
Phone: (425) 485-9085

Website: www.bothellsonsofnorway.org
Facebook: https://www.facebook.com/bothellsons.ofnorway

Saturday,
April 10, 2021
8:00 am to 1:00 PM

4 Swedish Pancakes, Strawberries & Ham
Orange juice on request. No Coffee.
$10.00 Adult  $5.00 Child (suggested donation)

All Orders To Go Only
No Seating Available.
Stay in your car and we’ll do all the work.
A hot breakfast will be delivered to you
Cash and cards will be accepted
Open to the public
Kulturelt Hjørne (Culture Corner)

Hei min venner,
I am working on collecting video demonstrations of cultural activities. If you have a Nordic craft or skill you do well and would like to video record it as a demonstration, we can put it on our webpage and our Facebook. If you need someone to record you doing it, we can figure that out as well. Please let me know what you would like to video demonstrate and we will get it done.

Keep working on those Cultural Skills. If you have completed any of the requirements, please let me know. If you have a question about one of them, let me know as well. I am here to help you on your cultural adventures. As we start being able to do more things, I will start setting up classes.

If you have any ideas for fun and different cultural activities, please let me know and I will help you set something up.

If you have some ideas of what the lodge can do to celebrate 17 Mai this year let me know.

The Sons of Norway offers the following Cultural Skills badges:

<table>
<thead>
<tr>
<th>Traditional Norwegian Cooking</th>
<th>Literature</th>
</tr>
</thead>
<tbody>
<tr>
<td>Collecting Norwegian and North American Stamps</td>
<td>Norwegian Rosemaling</td>
</tr>
<tr>
<td>Genealogy- Family History</td>
<td>Knitting</td>
</tr>
<tr>
<td>Norwegian Language and Culture</td>
<td>Hardanger Embroidery</td>
</tr>
<tr>
<td>Figure Carving</td>
<td>Weaving</td>
</tr>
<tr>
<td>Ornamental Woodcarving</td>
<td>Chip Carving</td>
</tr>
<tr>
<td>Folk Dancing</td>
<td>Music and Musicians of Norway</td>
</tr>
</tbody>
</table>

Info for all the cultural skill badges can be found at www.sofn.com/member_resources/cultural_programming/

Seth Tufteland
Cultural Director
sofnseth@yahoo.com

Library Corner

I discovered an interesting fact about the author of War and Innocence by Hanna Aasvik Helmersen. Hanna moved to Seattle and her sister Kirsten also came to Seattle. Kirsten is a long-time member of the Ballard Sons of Norway. The book is fascinating reading and if anyone wishes to read it, just call me and I will meet you at the lodge.

I also wanted to add an additional note about seeing the original Kon Tiki. It was huge! I didn't know a raft could be so huge. The Viking ships were also enormous. My hat is off to the brave men who took these crafts onto the ocean centuries ago. Museums in Norway where these are displayed were a very special treat.

Marlis Pehling,
Librarian
425-488-4545
NORWAY COUNTERS SUPER BOWL ADS WITH CREATIVE CHEEK

Part of the Super Bowl experience is enjoying the creative ads that punctuate the game. At $5.5 million per 30 second ad, they’ve got to be memorable. A common way to garner attention is through celebrity appearances. One of 2021’s stand-out ads has comedic actor Will Ferrell spouting vitriol on behalf of General Motors. Just why is he so angry? Because Norway outranks the US in electric car sales.

It’s not a close race: 54% of new car sales in Norway are electric versus the USA’s 1%. Ferrell’s amusing outrage and physical antics have him peeling out and enlisting fellow comics Kenan Thompson and Awkwafina to help teach Norway a lesson. He ships off to Norway and marvels, “This place is adorable!” only to find out that he’s actually landed in Sweden. One of the teaser ads leading up to game day has Ferrell disguising his voice as “Olaf” and pranking Norway’s citizens with 5 million anchovy pizzas.

But Norway wasn’t about to take this provocation lying down. Immediately the reaction ads and videos began popping up. The University of Agder in southern Norway produced the hilarious “Sorry, not sorry,” in which they quickly try to quell Ferrell’s rage by hiding other great things about Norway. Audi countered GM’s challenge with its own series of celebrity spots, starring blustery Game of Thrones star and Oslo native Kristofer Hivju. He invites Ferrell to a salmon fight, offers a proper fish pizza, and implores Ferrell: “Don’t hate. Imitate.”

Not to be left out of the fun, Ford Norge tweeted a video of their electric vehicles delivering pizza orders across the Norwegian countryside. Prime minister Erna Solberg also tweeted to correct her pizza order to pineapple.

Hands down, the most adorable of replies came from VisitNorway.com. A group of school kids waits in Oslo harbor to welcome Ferrell, offering geography and skiing lessons, chanting “We believe in you, Will!”

Clean, Quiet Construction Sites? In Oslo, Yes

In 2019, Oslo adopted a new “zero emission” policy to curb the pollution traditionally belched out by big construction machinery at the city’s many work sites. Electric excavators, saws and other plug-in equipment is now on the job, alongside traditional machinery designed to use diesel but now refitted with batteries. Fossil-fueled equipment is allowed only when a low-emission alternative is not available. The initiative has inspired manufacturers to develop new designs, ensuring that an increasing variety of electric-based construction vehicles will be available in the future.

Previously, construction equipment created 30% of Oslo’s traffic emissions. Officials say the new initiative saves 35,000 liters of diesel fuel and reduces green house gasses by 99% per construction site. Because Norway generates nearly all its electricity from hydropower, even the electricity used to power the equipment comes from a ‘green’ source. The electric trucks and other equipment are much quieter than their diesel counterparts, reducing noise pollution and increasing the quality of life for anyone living or working near by.

Currently, four kindergartens and two sports arenas are being built as “zero emission” work sites. Not all projects in Oslo must follow the new policy: the guidelines for private or state-owned sites are much less stringent, and only one in five construction projects is city owned. However, city leaders believe controlling emissions at those sites is an important step toward keeping their city, and the world, green.
**MATH SQUARE**

Fill in the missing numbers
The missing values are the whole numbers between 1 and 9.
Each number is only used once.
Each row is a math equation.
Each column is a math equation.
*Remember that multiplication and division are performed before addition and subtraction.*

<table>
<thead>
<tr>
<th></th>
<th>×</th>
<th>5</th>
<th>+</th>
<th>1</th>
<th>46</th>
</tr>
</thead>
<tbody>
<tr>
<td>+</td>
<td>+</td>
<td>+</td>
<td>+</td>
<td>+</td>
<td></td>
</tr>
<tr>
<td>+</td>
<td>+</td>
<td>×</td>
<td>8</td>
<td>28</td>
<td></td>
</tr>
<tr>
<td>+</td>
<td>+</td>
<td>+</td>
<td>÷</td>
<td>15</td>
<td></td>
</tr>
<tr>
<td>19</td>
<td>15</td>
<td>5</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*(Answer can be found on page 5)*

**SAVE YOUR CANCELED STAMPS**

Cut around the canceled stamps, leaving 1/2” around the stamps, so as not to damage the perforations, and bring them to the lodge. This is an ongoing project and Tubfrim appreciates your contributions.

If you have any questions, or would like more information, please call Nancy or Lenus at 206-632-1605.

**Spring Rake**

On Saturday April 24, 2021 at 10:00 am., we will be gathering at the Lodge with rakes in hand to help beautify our property. The driveways will need to be raked and cleaned up from all the gunk that was deposited over the winter months. We will clean out some shrubs and flower beds and plant some plant or flowers in the planter boxes. I will probably order a truck load of gravel to spread and cover over some of the pot holes. There will be plenty of coffee breaks, Pizza for lunch and you can visit with some old and new friends. Please come and help and maybe enjoy the day. We will wear Masks and practice social distance.

As I’m wrapping up this edition of our Nyheter, I am hoping that I haven’t missed anything. I do forget things sometimes, misplace things, and sometimes just mess things up. But for the most part, I really do enjoy doing this.

editor@bothellsonsofnorway.org
Janet Hickok, Editor

**THE SCANDINAVIAN HOUR**

KKNW 1150 AM

With your host Seth Tufteland

Saturday & Sunday 6:00- 7:00 AM, Saturday 9:00 - 10:00 AM

Stream online at https://1150kknw.com/listen-online/
Visit our website at www.thescandinavianhour.org

Music, News and Interviews for the Scandinavian Community

**Tales & Tunes**

Nordic on Tap

Interviews, folktales, music, and hygge

Listen on the internet at nordicontap.podbean.com
Anytime. Any hour.

With host Eric Stavney and cool people like you
Sunshine Report

A birthday card was sent to Rose Olsgaard who turned 93 on March 6th.
A birthday card was sent to Grete Dixon. She turned 91 on March 8th.
A thinking of you card was sent to Freda Howard who has been dealing with a lengthy serious health issue.
A thinking of you card was sent to Marlis Pehling who recently had eye surgery.
A thinking of you card was sent to Janet Fruchtl who had eye surgery recently.
A thinking of you card was sent to Sven Lugar who has been dealing with some lengthy serious health issues.

Please let me or a board member know when a fellow member needs a little cheering up or a pat on the back. Getting a card in the mail to let someone know we are thinking of them and wishing them healing or comfort, or celebrating in their accomplishments helps all of us to grow together as a Lodge family.

Janet Hickok, your Sunshine Lady (425) 743-0043 or (425) 299-6388, tinribs@gmail.com
Please leave a message or a phone number where I can call you back, if I miss your call.

Zooming to Bothell Sons of Norway General Meetings

On Thursday April 15th, we will have our next General Meeting.

The Zoom meeting invite is sent out the Tuesday before our scheduled meeting. The invite is sent to our Nyheter email list. If you are not receiving the Nyheter by email but want to receive an invite to the meeting please email: membership@bothellsonsofnorway.org include your name and your email address.

When you click on the join link you will be prompted to download and install Zoom.

Here is some information on setting up for the meeting and even an option to do a test meeting: https://support.zoom.us/hc/en-us/articles/201362193-Joining-a-meeting

We hope to see you on April 15th!
UPCOMING EVENTS
At Bothell Lodge (unless indicated otherwise)

Thursday April 1 - Board Meeting - 7:00 pm - Zoom
Sunday April 4th - Easter
Saturday April 10th - Drive Thru Swedish Pancake Breakfast  8am - 1pm $10.00
Thursday April 15th - General Meeting 7pm - Zoom  (Social Time 6:30pm)
Sunday April 18th - Drive Thru Fish Dinner - 3:00-4:45pm $10.00  Reservation Required by 4/11/21
Saturday April 24th - Spring Rake - 10:00 am

Thursday May 6th - Board Meeting - 7:00 pm - Zoom
Saturday May 8th - Drive Thru Swedish Pancake Breakfast  8am - 1pm $10.00
Sunday May 9th - Mother’s Day
Thursday May 20th - General Meeting 7pm - Zoom  (Social Time 6:30pm)
Sunday May 23 - Drive Thru Dinner - 3:00-4:45pm $10.00  Reservation Required by 5/16/21

Please note that these dates are tentative. Call the Lodge phone number and check to verify.
Call 425-485-9085. When the answering machine comes on and the message is playing, press 268*1.
The message will tell you what’s happening that month and maybe the next month.